

**Lucy M. Dunning, Ed.S, LCMHCS, NCC, BC-TMC**

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[www.blueskyfamilycounseling.com](http://www.blueskyfamilycounseling.com)

Blue Sky Family Counseling and Coaching

10801 Johnston Road #115

Charlotte, NC 28226

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**EDUCATION**

Walden University, June 2019-present

Doctoral degree in Forensic Psychology

University of North Carolina Charlotte, May 2016, GPA 4.0

Charlotte, NC

Certificate in Play Therapy

University of Georgia, September 2010, GPA 4.0

Lawrenceville, GA

Education Specialist Degree in Professional School Counseling (E.Ds.)

University of West Georgia, December 2008, GPA 4.0

Carrollton, GA

Master of Education in Professional School Counseling (M.Ed)

Georgia Southern University, June 2004, GPA 3.57

Statesboro, GA

Bachelor of Science in Psychology

Minor in Child and Family Development

**Special Achievements/Experiences:**

- Featured in Charlotte Parent Magazine-Article on Parent Child relationships (August 2018).
- Guest on two Podcast shows with Emerge Victorious-helping children in high conflict divorce, Co-Parenting, and Parent Coordination.
- Recipient of the National Thriveworks Awards-Trail Blazer/Leadership (2018) and Working with Special Populations (2018)
- National Support group and advocacy leader with the U.S. Pain Foundation for North and South Carolina.
- Recipient of an AFCC scholarship to attend the Conference in 2020.

**Certificates and Trainings**

- Mental Health and Chronic Pain Client (2019)
- Certificate in Forensic Child Custody Evaluations with CONCEPT, Palo Alto, University
- Active Member with AFCC-attended the 55<sup>th</sup> Annual Conference- Compassionate Family Court Systems in Washington DC, 2018, Symposium of Child Custody Evaluations in Atlanta, GA 2016, and the virtual conference 15<sup>th</sup> Symposium Child Custody Evaluations in 2020.
- Intensive training on Telemental health and Child Custody Evaluations (AFCC, 2020)
- "Overcoming Barriers"-High Conflict Intensive Study Program with William James, College (2017).
- Training by Bill Eddy on working with high conflict personalities and High Conflict Divorce (Charlotte, 2018).
- High Conflict Divorce, Alienation and Reunification Therapy (NC Bar Association 2015)
- High Conflict Divorce and Reunification Therapy Training by Dr. Maria Curran 2016
- Cooperative Parenting Institute-24 hours Parent Coordination Training (June 2016)
- Certified Divorce Coach-Training with Emerge Victorious and Sandra Lee (2018) •
- Darkness to Light-Sexual Abuse prevention training program. •
- Certified Collaborative Law Professional in both North Carolina and South Carolina.
- Assist in CLE training for the Mecklenburg County Bar Association on Reunification services and Supported Supervised Visitation.
- Extensive training in Trauma, CBT, and Mindfulness
- Certificate in Forensic Child Custody Evaluations (2020)

**RELATED EXPERIENCE**

**Blue Sky Family Counseling and Coaching**

**Charlotte, NC**

### **March 2019-present**

- Owner of Blue Sky Family Counseling and Coaching
- Provide court ordered child custody evaluations.
- Hire and management of other clinicians and staff members.
- Utilize virtual reality in therapeutic modalities.
- Teach high conflict parents parallel Co-Parent Skills
- Assist parents in coming to agreements before mediation or if they have had a failed mediation meeting.
- Parent Coordinator for Mecklenburg and Union County Courts
- Reunification Services and Family therapy services
- Individual therapy with children of two homes and reduce parental conflict
- Certified Divorce Coach working with divorce and post divorce issues
- Utilizing a Family Systems approach when working with children and families
- Implement therapeutic modalities for chronic pain clients such as cognitive behavioral therapy, graded motor imagery, art therapy techniques, mindfulness
- Assist adults with and children as they go through having a rare disease.
- Run small group therapy or clients with Chronic Medical and Pain Conditions.
- Run free support groups for the U.S. Pain Foundation once a month for North and South Carolina.
- Assist clients going through Post Traumatic Stress Disorder and complex post traumatic stress disorder.
- Utilize Somatic Psychotherapy and mindfulness.
- Work with clients experiencing anxiety and depression.
- Provide Forensic Custody Evaluations'
- Preceptor for psychiatric nurse practitioner students at University of South Carolina.
- Provides consultation services for other therapists working with high conflict divorce.
- Work closely with Pats Place in their Collaborative Chat group.

### **Thriveworks Counseling**

**Charlotte, NC**

**March 2017 to March 2019**

- Co Parent Coaching/Divorce Coaching.
- Provide training on best practices to mental health professionals working with families with two homes.
- Reunification/family therapy services.
- Assist children and adults with developmental and physical disabilities.
- Provide therapy for children and adults with a variety of mental health issues such as anxiety, depression, and personality disorders.
- Extensive training on High Conflict Divorce Dynamics.
- Treat clients experiencing chronic health issues.
- Provide parents with Parent Coordination services as directed by the court.
- Work collaboratively with other professionals such as parent coordinators, attorneys, Guardian Ad Litem, school personnel, and other mental health professionals.
- Utilize expressive art modalities and play therapy.
- Teach children coping skills related to stress, anxiety, self-harm, and suicidal ideation.
- Trained in Filial therapy with the goal of strengthening the parent/child bond.
- Trained and provided animal assisted therapy.

### **Center for Creativity and Healing**

**Charlotte, NC**

#### **LCMHC-Masters Level**

**June 2015-March 2017**

- Assist Families experiencing High Conflict Divorce.
- Provided weekly guidance lessons for Community Charter School Grades K-5<sup>th</sup>.
- Provide therapy for children and adults with a variety of mental health issues such as anxiety, depression, and personality disorders.
- Provide family therapy with an emphasis in reunification/family therapy and Filial therapy.
- Provided Supported Supervised and Therapeutic visitation.
- Train other clinicians in the supported supervised program.
- Identify behaviors of both the child and parents that contribute to visitation refusal and assist families in working through these issues.

- Work with children in coping with divorce and assist parents on co-parenting.
- Assist in training Attorneys for the NC Bar Association on the different types of services available for families experiencing high conflict divorce.

**Mountain View High School**

**Lawrenceville, GA School Counselor  
July 2012-September 2014**

- Implemented classroom guidance for 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> grade.
- In charge of implementing and teaching a peer leadership class for juniors and seniors.
- Assisted with the development and implementation of school wide advisement program.
- Meet with students on a daily basis for individual counseling including crisis counseling.
- Provided letters of recommendation and assisted students with the college application process.
- Implemented parent nights for all grade levels, coffee and chat, and financial aid night.
- SST and 504 coordinators. Created and implemented a school wide SST process.
- Coordinated, planned, and implemented 9<sup>th</sup> grade transition activities.
- Monitored student attendance and implemented attendance meetings.

**Haymon-Morris Middle School  
Counselor**

**Winder, GA School  
July 2009-May 2012**

- Implemented classroom guidance for 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade.
- Facilitated small group counseling on social skills, relational aggression, and school success
- Met with students on a daily basis for individual counseling including crisis counseling-caseload 800.
- Test coordinator for the ITBS, CRCT, ACCESS, 21<sup>st</sup> Century Skills test, and 8<sup>th</sup> Grade Writing test.
- Developed and implemented a school wide anti bullying program with the Anti-Defamation League.
- Managed and facilitated 504 plans, hospital homebound, and MVP (homeless) students.
- Coordinated and implemented school wide peer mediation program.
- Identified students for DUKE TIP, Presidential awards, and Introduce a Girl to Engineering program.
- Coordinated, planned, and implemented 6<sup>th</sup> and 8<sup>th</sup> grade transition activities.

**Comprehensive Counseling Solutions  
Therapist**

**Atlanta, GA Masters Level  
February 2009-July 2009.**

- Provided therapy with adolescents, children, adults, and families.
- Attended and participated in Family Team Meetings.
- Implemented progress notes and developed treatment programs.
- Worked closely with DFCS.
- Provided Intensive In-Home Counseling.
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**PROFESSIONAL ASSOCIATIONS AND CREDENTIALS**

- License (LPC) in South Carolina and Georgia
- Licensed Clinical Mental Health Counselor Supervisor (LCMHCS) in North Carolina.
- Board Certified in Telemental health (BC-TMC)
- Member of American Counseling Association
- Member of Association of Family and Conciliation Courts (AFCC)
- National Divorce Professionals-Charlotte Chapter (2020).
- Court appointed Parent Coordinator with Mecklenburg Coordinator and Union County-certified parent coordinator
- Certified Divorce Coach
- Certified as a health coach for chronic illness
- National Support Group Leader for U.S. Pain Foundation.
- National Advocate for U.S. Pain Foundation
- Member of the American Academy of Pain Medicine
- Member of the Carolinas Pain Association
- School Improvement Committee-Harrisburg Elementary 2018-present
- Member of the American Psychological Association
- Member of the Mecklenburg Collaborative Family Law Group.
- National Certified Counselor (NCC)
- Board Certified Tele mental Health Counselor (BC-TMH)